

Breaker Football 2008 Timeline

April 3 – Team meeting at lunch. Bring \$15 for spring practice uniforms (includes T-shirt, shorts).

May 15 – Program-wide meeting to distribute spring practice uniforms in the gym at lunch 12:20 p.m.

May 19-22 – Spring football practice week 1. **Mandatory**

May 23 – Senior gear distribution.

May 27-29 – Spring football practice week 2. **Mandatory**

May 31 – Junior and sophomore gear distribution.

July 7 – July 24: Summer conditioning at 10 a.m. (M, T, W, Th)

July 10 – 12: Full contact football camp at CSUMB.

To be announced: Physicals at PGHS.

July 26: Gear distribution from 11 a.m. until noon in the weight room for any player who did not pick up equipment in the spring.

July 30: Retreat at Adventures by the Sea.

July 31: Double day practices begin. Helmets only. 9 – 11 a.m. 2 – 3:30 p.m. **Mandatory**

August 2: Freshman gear distribution at 10 a.m. in the weight room.

August 4: Double day practices for all teams. **Mandatory**

Pacific Grove Football Attendance Policy:

The coaching staff at Pacific Grove High School feels that trust is built through accountability. The single most important manner in which a player shows he can be depended upon is by coming to every practice. We also understand that there will some unavoidable circumstances that will cause players to miss an occasional practice. Keeping in mind that absences should be rare, the coaching staff has instituted, and will always follow, this attendance policy.

1. Attendance at all football practices and team unity functions is mandatory.
2. An absence is counted as “excused” if the player informs one of the members of his coaching staff **in advance** that he will not be able to attend practice. The absence will be made up with a 100-yard bear crawl or duck walk the following practice.
3. Any player who is late to practice for any reason will perform a 100-yard bear crawl or duck walk before participating in practice.
4. An absence is counted as “unexcused” if the player does not inform one of the members of his coaching staff in advance that he will not be able to attend practice. The player will make up the missed practice with a 100-yard bear crawl or duck walk. **After three unexcused absences the player will be removed from the team.**